


















CONDITION	CALL AN AMBULANCE IF...	GO TO A GP/CASUALTY IF...
<b>BURNS</b> 	The burn is large, deep, or on the face, or caused by electricity or chemicals.	The burn is small, not deep, and can be treated with basic first aid before being seen by a doctor.
<b>ALLERGIC REACTION</b> 	An allergic reaction with symptoms in addition to itching or a rash (such as difficulty breathing, dizziness, swelling of the face and throat, fast heartbeat, diarrhoea and abdominal pain).	The reaction is mild, like a small rash or mild itching.
<b>BLEEDING</b> 	The bleeding is heavy or won't stop with pressure.	Light bleeding which stops with pressure.
<b>DISLOCATION</b> 	A big joint (like the shoulder or knee) looks out of place, or the person is in a lot of pain.	A small joint (like a finger) looks out of place but isn't causing severe pain.
<b>NOSEBLEED</b> 	The nosebleed doesn't stop after 20 minutes with pinching nostrils.	The nosebleed stops after a few minutes and isn't a lot of blood.
<b>BICYCLE ACCIDENT</b> 	The person hit their head, is unconscious or can't move a part of their body.	The person has minor scrapes or bruises and is otherwise okay.
<b>FRACTURE (BROKEN BONES)</b> 	The limb is deformed or it sticks out and you can't move because of the pain.	It is a small bone (like a finger/wrist), the pain is manageable and you can move.
<b>NAUSEA &amp; VOMITING</b> 	The person can't stop vomiting, is very weak or dehydrated, or there's blood in the vomit.	The nausea or vomiting is mild and stops on its own.



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<b>ALCOHOL OVERDOSE</b> 	The person is unconscious and cannot be woken up, can't breathe properly, or is having seizures.	The person is awake, breathing normally, and can be watched over by someone at home.
<b>CHEST PAIN</b> 	Sudden onset of pain in the chest, lower face or left arm.	Usual mild muscle and joint pain from routine activity or mild illness such as cold/flu.
<b>HEADACHE</b> 	Severe headache that is not like your usual headaches and won't go away, or a headache that is associated with weakness of your face or limbs.	A mild headache that is not persistent (ie, intermittent).
<b>ABDOMINAL PAIN</b> 	The pain is sudden and severe, or if it's accompanied by chest pain, trouble breathing, or vomiting blood.	The pain is mild or ongoing but not severe, or if you have other symptoms like bloating or indigestion.
<b>ANIMAL BITE</b> 	The bite is deep and bleeding a lot.	The bite is small, but you're worried about infection or need a tetanus shot.
<b>BACK PAIN</b> 	The pain is sudden and severe, especially if you can't move, or if you lose control of your bladder/bowels.	The pain has been bothering you for a while, but isn't too severe, or it's related to a muscle strain.
<b>INFECTION</b> 	There are signs of a serious infection, like confusion, severe pain or if you feel extremely unwell and are getting worse quickly.	The infection is mild (eg, skin infection, cold or flu) but isn't getting better with home care.
<b>SEVERE PAIN</b> 	The pain is unbearable, comes on suddenly or you can't find relief, especially if you're feeling dizzy, confused or faint.	The pain is moderate and has been going on for a while, and isn't getting better with home remedies.
<b>UNWELL</b> 	You or someone else feels extremely unwell, is confused or symptoms are getting worse quickly.	You're feeling unwell, but the symptoms are mild and not getting worse quickly.

